

# Quality Time

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It ain't no brag, I'm a trustworthy soul  
I do what needs doing, without being told  
No need to nag, you can say it just once  
If it's needed right now, it won't take me months  
But now and then I get to feeling abused  
And it ain't no good to get a short fuse  
So I think it's time for a little break  
To look after my only namesake

I'm gonna make some quality time for myself  
I may not be a basket case, but this protects my mental health  
I'm always doing what needs doing for everyone else  
Now I'm gonna spend some quality time..with myself.

I ain't been fishing since I don't know when  
The last book I read was "All The President's Men"  
It must be years since I played my guitar  
Cuz two strings are broken so I wouldn't a got far  
It feels real good to finally kick back  
And start working my way through that magazine rack  
The car needs washing, the lawn should be mowed,  
I can't wait to get that pickup off-road

I'm gonna make some quality time for myself  
I may not be a basket case, but this ensures good mental health  
I'm always doing what needs doing for everyone else  
Now I'm gonna spend some quality time..with myself.

I only hope that I can keep up this speed  
To get accomplished the relaxing I need  
I'll attack all my projects in a mighty blitzkrieg  
And I won't give up till I finally succeed.

Instrumental

I'm gonna make some quality time for myself  
I may not be a basket case, but it promotes my mental health  
I'm always doing what needs doing for everyone else  
Now I'm gonna take some quality time..for myself.  
And I'm gonna spend some quality time...with myself.

